Supportive Parents - Special Educational Needs and Disability Information

Local organisations - sources of information and Support Groups for Parents and Carers in North Somerset

Supportive Parents - Parent Partnership Service for North Somerset
Information and support for parents of children and young people with any type of Special Educational Need. Helpline Mon,Wed, Fri 10 – 2 pm Montly support group meetings in Weston and Portishead. See website for further information.
www.supportiveparents.org.uk Tel: 0117 9897725
Parent Enquiries Email: support@supportiveparents.org.uk

Our Voice Counts (OVC) – North Somerset Parent Participation Forum/Parent Carer Forum. PO Box 641, Weston-Super-Mare BS23 9NF Tel: 07779 201210
Email: information@ourvoicecounts.org.uk
Website: www.ourvoicecounts.org.uk

Family Information Service
Provide a one-stop source of information for the benefit of children, young people and families in North Somerset.
Email: cis@n-somerset.gov.uk Tel: 01934 426 300

We CAN - A guide for parents/carers about services for children and young people 0 –19 years with additional needs in North Somerset:
http://search3.openobjects.com/mediamanager/northsomerset/fsd/files/we_can_guide_-_january_2011.pdf

North Somerset Children and Young People's Service – Vulnerable Learners Service Tel 01934 426 870
http://www.n-somerset.gov.uk/Education/Education+services+and+teams/Vulnerable+Learners+Service/

BIBIC Bibic is a national charity offering practical help to families caring for children with conditions like autism, aspergers, cerebral palsy, Down's syndrome, developmental delay, brain injury, and specific learning difficulties like ADHD, dyslexia and dyspraxia.
www.bibic.org.uk
Knowle Hall, Bridgwater, Somerset, TA7 8PJ
Tel: 01278 684060 Email: info@bibic.org.uk

Brandon Trust (North Somerset)
Charity supporting people with Learning Difficulties in North Somerset
Olympus House, Britannia Road, Patchway, Bristol, BS34 5TA
www.brandontrust.org info@brandontrust.org

Bristol Black Carers: This support group for black and ethnic carers (adult and young carers) is not funded for work in North Somerset but has a website which can be accessed at www.bristolblackcarers.org.uk or call 0117 3144664/6/7
North Somerset Black & Minority Ethnic Forum: The Badger Centre, 3-6 Wadham Street, Weston Super Mare, BS23 1JY.
Tel: 01934 414455. www.srec.org.uk

Bristol & Avon Chinese Woman's group: St Agnes Church, Thomas Street, St Pauls, Bristol, BS2 9LL.
Tel no: 0117 9351462

Cerebra
A National Charity offering help and support to all children up to 16yrs with neurodevelopment disorders and conditions, their parents, carers and professional practitioners.
www.cerebra.org.uk
Email: info@cerebra.org.uk Helpline (freephone): 0800 328 1159

CLIMB - Children Living with Inherited Metabolic Diseases: Provides family support and information helpline. Contact Pam Davies on the National telephone number: 0800 6523181 or Email: fam.svcs@climb.org.uk www.climb.org.uk

Contact a Family
A national charity working across the UK to support families caring for children with any disability or special need.
National contact number: 0808 808 3555
www.cafamily.org.uk
Email: info@cafamily.org.uk

Crossroads: North Somerset Crossroads Carers Support Service
The Carers Centre, 1 Graham Road, Weston super Mare, BS23 1YA
Tel: 01934 411855 www.nscrossroads.org.uk
Email: enquiries@crossroadscare-ns.org.uk
Crossroads publishes a newsletter, offers individual appointments for carers to talk about their needs and find out about services and support available. Free counselling, courses, outings and advocacy service.

Clevedon Parents Support Group
For more information contact lorna.ymca@gmail.com or call 01275 878405

Downs Syndrome Association North Somerset
See 'The Firs' below under Social/leisure/support groups for details of DSA coffee mornings.

Downs Syndrome Support (BADSS Bristol Area)
A local charity for families of children with Downs Syndrome Contact Andrew King on 0845 6422377 or www.badss.org.uk or e-mail info@badss.org.uk

Bristol Dyslexia Centre: 10 Upper Belgrave Road, Clifton, Bristol BS8 2XH
Telephone: 0117 973 9405 www.dyslexiacentre.co.uk

Dyslexia Action: 2nd floor office suite, 14 Whiteladies Road, Clifton, Bristol BS8 1PP. Telephone: 0117 923 9166
Email: Bristol@dyslexiaaction.or.uk www.dyslexiaaction.org.uk

Dyspraxia Foundation (Bristol):
Website: www.dyspraxiafoundation.org.uk
Telephone: 01462 454 986 Email: dyspraxia@dyspraxiafoundation.org.uk

ERIC (Enuresis Resource and Information Centre)
www.eric.org.uk Tel: 0845 370 8008

The Firs Resource Centre's – Weston & St Barnabas - Portishead: Manages a range of out of school and daycare provision such as specialist playschemes in Weston and Portishead, a variety of outings thoughout the year based on age, ability and friendship groups. The activities are generally available to children with additional needs/disabled children and the team support relevant programmes used by children and young people in our care regarding independent skills, behaviour management, toileting and personal care programmes. Planned trips are also tailored to a child's individual needs.

Events at THE FIRS WESTON include:

Cubs & Beavers – Thurs Beavers 6-7pm, Cubs 7.15-8.15pm

Downs Syndrome Association Coffee Morning – Last Tues of month 10am-12pm

Saturday Club – Term time only 9.30am-12.30pm, (need to book).

Events at ST BARNABAS include:

Saturday Family Drop-in – 2nd Saturday of each month 10-12noon

Ups and Downs Group – 2nd Monday of the month 12.30 – 2.30 Run by Mandy Beasley Telephone 01275 691100

After school clubs for children 11 yrs +
- Locking/St Georges, Locking Methodist Church – Mondays
- The Barn, Clevedon - Tuesdays
- Nailsea Youth House – Tuesdays
- Wicked Wednesdays at The Firs– 6.30 – 9.00pm
- Friday Fun Club, Portishead Youth Centre – 6.30-9.00pm

For more information or to book places telephone:

The FIRS 01934 632538	or	ST BARNABAS 01275 882905
89a Drove Road		West Hill
Weston-Super-Mare		Portishead
BS23 3NX		BS20 6LN

Family Centre for Deaf Children:
www.fcdc.org.uk Tel: 01179 330 7575 Email: office@fcdc.org.uk

Headway Bristol **Headway** House, Frenchay Hospital, Bristol BS16 1LE. Provides information, support and services for people with head injuries, families and carers.
Telephone 0117 340377 Website: www.headwaybristol.org.uk
Email: info@headwaybristol.org.uk

Home-Start supports any family where there is at least one child under the age of five. The support is free, confidential and non judgemental.
Office Suite 6, Locking Road Business Park, 110 Locking Road, Weston, BS23 3HF Tel: 01934 419396 Email: homestart.ns@googlemail.com
www.home-start.org.uk

Kingsmour Playground Club – Kingston Seymour:
Specialist playground for children/young people with additional needs.
Family Fun days are also held in July and August.
Charges: one-off charge of £2.50 on application for membership to cover the cost of an access key. More information on the rules and conditions for using Kingsmour Playground Club are provided with the application form. These are available from:The Secretary, Yeo Valley Lions Club, c/o 3 Chescombe Court, Chescombe Road, Yatton, Bristol BS49 4JZ

KHAAS St Werburghs Community Centre, Horley Road, Bristol, BS2 9TJ
Information for Asian parents with children who have disabilities or special needs.
www.khaas.co.uk Tel: 0117 9554070
Email: khaas_bristol@yahoo.co.uk

Lighthouse
http://www.lighthouse-weston.org.uk/parentwise.htm
4 - 6 week Parentwise courses designed to primarily address common challenges faced by parents and their children today. Topics addressed include building children's emotional security, improving family communication, strategies for dealing with frustrations in life and keeping safe. Julie Lanham, St. Paul's Church Office, Walliscote Rd, Weston, BS231EF 01934 613259
julie.lanham@lighthouse-weston.org.uk

Look West: Support group for families with blind or visually impaired children.
www.lookwest.org.uk Email: lookwest.org@gmail.com

MENCAP
Telephone: 01934 838 564 www.mencap.org.uk
http://www.avonnorthmencap.org.uk/

Maggie Williams Independent Occupational Therapist

http://www.maggiewilliams.co.uk/ 01934 419 822

Maggie specialises in work with children and young people who have- Dyspraxia, Autism, Asperger's Syndrome, Learning Difficulties, ADD and ADHD

People and Places
Is a secure, moderated, social-networking website for people from vulnerable community groups.www.mynorthsomersetpeople.co.uk

National Autistic Society – North Somerset Branch:
Support groups are held at: Springboard, 2a Princes Road, Clevedon
last Thursday of the month 10am – 12 noon during term time.
Contact Liz Kelly for details on 01934 628287
Local NAS Website: www.nas-northsomerset.co.uk
National NAS Website: www.autism.org.uk

North Somerset Citizens Advice Bureau
Badger Centre 3-6 Wadham Street, Weston-super-Mare,
North Somerset BS23 1JY
Tel: 0844 826 9692 www.nscab.org.uk

North Somerset Professional Carers
23 Derham Park, Yatton, North Somerset, BS49 4DZ

SCOPE: Parent telephone support groups for parents/carers of pre-school children with cerebral palsy.
Tel: 0808 800 3333 www.scope.org.uk

SENSE: Support for children with single or dual sensory impairment. Professionals with extensive experience of working with children and adults with both congenital and acquired deaf blindness and multi-sensory impairment. They can offer assessments and training and advice
Woodside Family Centre, Kingswood, Bristol BS15 8DG
Telephone: 0117 9670008 www.sense.org.uk Email:woodside @sense.org.uk

SHINE:(formally ASBAH) for families and individuals affected by spina bifida and hydrocephalus
Website: www.shinecharity.org.uk Email: contact@shinecharity.org.uk
Telephone Number: 0208 4419967

South West Children's Heart Circle: A charity that supports children with heart conditions and their families in the units where they receive care
www.heartcircle.org.uk Tel: 0870 1252307

Springboard Opportunity Group: run specialist, structured play sessions for pre school children with additional needs in Clevedon and Weston super Mare. Also offers Stay & Play sessions each week for families with very young children, who may need extra support and a first step to Springboard.
http://www.springboardweb.org.uk/
Email: info@springboardweb.org.uk
Springboard, 2a Princes Road, Clevedon, North Somerset BS21 7SZ
01275 341 113

Springboard, Ashcombe Children's Centre, Earlham Grove, Weston, BS23 3NA 01934 426 380

Step by Step
Yatton Special Needs Support Group. http://www.stepbystep.btck.co.uk/
jo.contact.unique@gmail.com

Therapy Space Autism, ADHD, Dyslexia, Dyspraxia, Sensory Processing Disorder and Down's Syndrome.
Independent Occupational Therapy Clinic, Linda Plowden 0117 9079189
The Park Opportunity Centre, Daventry Rd, Knowle, Bristol BS4 1DQ
www.therapyspacebristol.co.uk

Tourettes Syndrome Support:
www.tourettes-disorder.com

Tourettes Syndrome Support group,
Carol Bale on 01275 472607 carolbale@sky.com

Well Aware
Gives free, confidential and impartial information on anything to do with living with disabilities in North Somerset.
Tel: 0808 808 5252 www.wellaware.org.uk

Weston & North Somerset DIAL

www.westondial.co.uk

Information & Advice for people with disabilities and their carers.

Ups and Downs Southwest
Downs Syndrome
The Old School, School Road, Westonzoyland, Bridgwater TA7 OLN.
www.upsanddowns.net

Vision North Somerset,
3 Neva Road, Weston-super-Mare, BS23 1YD, 01934
Contact: Celia Henshall - 01934 419393, e mail: info@wabp.org.uk
web site: www.wabp.org.uk

Voluntary Action North Somerset (VANS)
Support and information for the voluntary and Community Sector
http://voluntaryactionnorthsomerset.wordpress.com/
info@vansmail.org.uk
Wadham Street, Weston, BS23 1JY. O1934 410192

WSM and District Muscular Dystrophy Support Group
320 Locking Road, Weston Super Mare, BS22 8ND 01934 419 853 National Muscular Dystrophy organisation http://www.muscular-dystrophy.org/

National organisations - sources of information and Support Groups for Parents and Carers in North Somerset

ADHD - How do I know if my child has ADHD? Essential information for parents.

www.youngminds.org.uk/adhd

ADHD

www.adhd.org.uk

ADD, ADHD, AD/HD, Dyslexia, Disability Issues and Parenting. Supporting and creating awareness for people with hidden impairments.

Afasic Help for parents who are worried about their child's speech and language development. http://www.afasicengland.org.uk/

Helpline 0845 3 55 55 77

ACE Education Advice Advice and information for parents, advice booklets are available for download.

http://www.ace-ed.org.uk/

BIBIC Bibic is a national charity offering practical help to families caring for children with conditions like autism, aspergers, cerebral palsy, Down's syndrome, developmental delay, brain injury, and specific learning difficulties like ADHD, dyslexia and dyspraxia.

www.bibic.org.uk Email: info@bibic.org.uk

Knowle Hall, Bridgwater, Somerset, TA7 8PJ Tel: 01278 684060

Child and Adolescent Mental Health Information www.camh.org.uk/

I CAN - The charity that supports children with speech, language and communication difficulties.www.ican.org.uk/ I CAN help line 020 784 32544

Cerebra

A National Charity offering help and support to all children up to 16yrs with neurodevelopment disorders and conditions, their parents, carers and professional practitioners. www.cerebra.org.uk

Email: info@cerebra.org.uk Helpline (freephone): 0800 328 1159

CLIMB - Children Living with Inherited Metabolic Diseases: Provides family support and information helpline. Contact Pam Davies on the National telephone number: 0800 6523181 or Email: fam.svcs@climb.org.uk www.climb.org.uk

Contact a Family

A national charity working across the UK to support families caring for children with any disability or special need. National contact number: 0808 808 3555

www.cafamily.org.uk

Email: info@cafamily.org.uk

The Council for Disabled Children

www.councilfordisabledchildren.org.uk/

The Council for Disabled Children (CDC) is the umbrella body for the disabled children's sector in England.

Cystic Fibrosis Trust

www.cftrust.org.uk/

National charity in the United Kingdom which funds research into the disease and provides information and support for patients and families.

Department for Education (DfE)

Government information about Special Educational Needs and Disability.

http://www.education.gov.uk/childrenandyoungpeople/send

Dypraxia Foundation

http://www.dyspraxiafoundation.org.uk/

Supports individuals and families affected by developmental dyspraxia through books, suggestions, a teen newsletter, and an adult support group.

Down's Syndrome Association

www.downs-syndrome.org.uk/ Tel 0333 121 2300

Support, information and resources for Down's syndrome in the UK.

British Dyslexia Association http://www.bdadyslexia.org.uk/

helpline@bdadyslexia.org.uk

Dyslexia Action

www.dyslexiaaction.org.uk/

Dyslexia & Dyspraxia support YoungMinds information & parents hotline

http://www.youngminds.org.uk/

Parent Helpline - 0808 802 5544

IPSEA Offers free and independent advice on Local Education Authorities' legal duties to assess and provide for children with special educational needs.

www.ipsea.org.uk/ Advice line 0800 018 4016

KIDS - The disabled childrens charity

www.kids.org.uk

KIDS' vision is a world in which all disabled children and young people realise their aspirations and their right to an inclusive community which supports them

MENCAP

http://www.mencap.org.uk/

information and advice for parents, carers and family members of someone with a learning disability.

National Autistic Society

http://www.autism.org.uk/ Helpline 0808 800 4104

For for people with autism (including Asperger syndrome) and their families.

National Parent Partnership Network

www.parentpartnership.org.uk/

Offers information advice and support to parents and carers of children and young people with special educational needs.

Potential Plus UK

http://www.potentialplusuk.org/

Support for parents of children with Higher Learning Potential children who may be in need of more social and emotional support than other children their age.

Rainbow Trust Childrens Charity

www.rainbowtrust.org.uk/

Rainbow Trust Children's Charity provides emotional and practical support to families who have a child with a life threatening or terminal illness.

Royal National Institute for the Blind

Supporting blind and partially sighted people.

Tel: 0303 123 9999 Website: www.rnib.org.uk

SCOPE

www.scope.org.uk/

Scope is a UK disability charity that supports disabled people and their families in England and Wales. Helpline 0808 800 3333

http://www.scope.org.uk/services/bristol-school-parents-1

The Bristol School for Parents offers two Conductive Education sessions, the afternoon one being for the younger children. All children are also seen individually by an Occupational Therapist and Physio from our service. The majority of children have a diagnosis of cerebral palsy.

SHINE:(formally ASBAH)

For families and individuals affected by spina bifida and hydrocephalus

Website: www.shinecharity.org.uk Email: contact@shinecharity.org.uk

Telephone Number: 0208 4419967

YoungMinds

www.youngminds.org.uk

YoungMinds is the UK's leading charity committed to improving the emotional wellbeing and mental health of children and young people.

Education information for Parents and Carers in North Somerset

NORTH SOMERSET COUNCIL

For information on children and young people's services:

www.n-somerset.gov.uk

Vulnerable Learners' Service (VLS) - This service focuses on helping schools and Early Years settings achieve the best possible outcomes for children and young people in the following groups: SEN and or disability, Social emotional and behavioural difficulties, Looked after children and children on the child protection register, Travellers, Ethnic minorities, Sensory difficulties.

http://www.n-somerset.gov.uk/Education/Education+services+and+teams/Vulnerable+Learners+Service/

VLS includes Special Educational Needs Team, Educational Psychology, Portage, Education Welfare, and the EOTAS services.

Main number - 01934 426 870 and 01934 884 421

Special Educational Needs Team (SEN): 01275 888 297 or 01275 884 423

Educational Psychologists: 01934 634 854

Portage Service (Pre school support): 01934 426 008

Education Welfare Service: 01934 888 801

Education Other Than At School (EOTAS) service: 01934 426 400

Youth Offending Team: 01275 888 360

Disabled Children's Services.

Telephone: 01934 427 622 or 01934 427 558

Learning Partnership West/Connexions Youth Service North Somerset

http://www.lpw.org.uk/young-people/targeted-support.html

45 Boulevard, Weston-super-Mare, BS23 1PG 01934 644443

North Somerset Safeguarding Children Board.

www.northsomersetlscb.org.uk

School Admissions and School Transport Team

Email: admissions@n-somerset.gov.uk Telephone: 01275 884 078

Schools and Educational Settings in North Somerset

Primary Schools in North Somerset

http://www.n-somerset.gov.uk/Education/Schools/Schools/primaryschools.htm

Secondary Schools in North Somerset

http://www.n-somerset.gov.uk/Education/Schools/Schools/secondaryschools.htm

Special Schools in North Somerset

http://www.n-somerset.gov.uk/Education/Schools/Schools/specialschools.htm

Education other than at School (EOTAS) Pupil Referral Units in North Somerset

Woodspring Learning Campus – Covering all PRU's

http://www.n-somerset.gov.uk/NR/rdonlyres/DC7F5687-E377-471A-AEA9-4DFE1B4C0989/0/EOTAS_Update_September2012.pdf

Local Colleges

http://www.n-somerset.gov.uk/Education/Schools/Schools/localcolleges.htm

Health and Social Care information for Parents and Carers in North Somerset

Health

Weston Area Health Trust Weston Area Health Trust,

For Community Paediatric services, CAMHS, Learning Disabilities Team, Speech and Language Therapy, Occupational Therapy, Physiotherapy.

South Team
Specialist Community Children's Services (South) Drove Road, Weston super Mare BS23 3NT 01934 418804

North Team
Specialist Community Children's Services (North),The Barn Great Western Road, Clevedon BS21 6HB 01934 426622

Speech and Language Therapy Service 01934 624 799

Occupational Therapy
The Barn, Great Western Road, Clevedon, BS21 6HB
01934 426622

The Sensory Support Service
Elmfield House, Greystoke Avenue, Westbury-on-Trym, Bristol, BS10 6AY
Tel: 0117 903 8442

Seashore Centre,
Weston General Hospital, Grange Road, Uphill, Weston-super-Mare, BS23 4TQ

School Health Nursing Service

North Somerset Community Partnership, Castlewood, PO Box 237, Tickenham Road, Clevedon
North Somerset, BS21 9AX

Weston South Area Team nsomwestonsouth.schoolnurses@nhs.net
Weston East Area Team nsomwestoneast.schoolnurses@nhs.net
Central Area Team nsomcentral.schoolnurses@nhs.net
North Area Team nsomnorth.schoolnurses@nhs.net

Social Care

Disabled Children's Team,
North Somerset Council, Town Hall, Walliscote Grove Road, Weston-super-Mare, BS23 1UJ 01934 427 622

The Firs Resource Centre

89a Drove Road, Weston-Super-Mare, BS23 3NX
charlotte.shelton@n-somerset.gov.uk

The Firs Resource Centre
St Barnabas Children's Centre, Portishead, BS20 6LN
gill.stokes@n-somerset.gov.uk

Buddy scheme co-ordinators.

Telephone: 01934 632 538

Care Connect North Somerset Council, Weston-super-Mare, BS23 1UJ, 01275 888 801
care.connect@-somerset.gov.uk

Community Team for People with Learning Disabilities
Partnership House,Building 400, Worle Parkway, Weston-super-Mare, BS22 6WA
ctpld@nsomerset-pct.nhs.uk

Family Link Scheme
Weston Court, Oldmixon Crescent, Weston-super-Mare BS24 9AU 01934 427 365
familylinkscheme@n-somerset.gov.uk

Children and Young People's Substance Advice Service (SAS).

Telephone: 01275 888 360

Compiled by Supportive Parents 2013: www.supportiveparents.org.uk